

Monthly Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			D&D (Group 1) 12:00–14:00 Walking Group (final) 12:30–14:00 D&D (Group 2) 14:30–17:00	Blaenau Gwent Hub The Bevan Centre, Tredegar 10:00–12:30		
			1	2	3	4
Coffee Morning 10:00–11:30 Quiet Reads 12:00–14:00 Movie Mates (The Transformers: The Movie) 14:30–17:00	Creative Writing (Online) 13:00–15:00 The Hangout 13:00–17:00 Anime 15:00–17:00	Arts & Crafts (Hybrid) 12:00–14:00 Piece by Piece (Jigsaw) 12:00–14:00 Board Games 14:30–17:00	D&D (Group 1) 12:00–14:00 D&D (Group 2) 14:30–17:00		The Aubergine Arts Showcase (paid event) 14:00–17:00	
5	6	7	8	9	10	11
Coffee Morning 10:00–11:30 Quiet Reads 12:00–14:00 Mindful Miles (Taff Trail) 14:30–17:00	Creative Writing (Online) 13:00–15:00 The Hangout 13:00–17:00 Anime 15:00–17:00	Gardening (Volunteering) 10:00–12:30 Arts & Crafts (Hybrid) 12:00–14:00 Cosy Pixel Corner (Gaming) 12:00–14:00 Board Games 14:30–17:00	D&D (Group 1) 12:00–14:00 Quiet Lounge 12:00–14:00 D&D (Group 2) 14:30–17:00	Adult Learning Workshop – Confidence Building 10:30–13:30		
12	13	14	15	16	17	18
Coffee Morning Quiet Reads 12:00–14:00 The Cosy Crafters 14:30–17:00	Creative Writing (Online) 13:00–15:00 The Hangout 13:00–17:00 Anime 15:00–17:00	Arts & Crafts (Hybrid) 12:00–14:00 Piece by Piece (Jigsaw) 12:00–14:00 Board Games 14:30–17:00	D&D (Group 1) 12:00–14:00 D&D (Group 2) 14:30–17:00	Adult Learning Workshop – Staying Safe Online & Personal Boundaries 10:30–13:30		
19	20	21	22	23	24	25
Coffee Morning 10:00–11:30 The One Book (Finding my Voice by Aoife Dooley) 12:00–14:00 The Cosy Crafters	Creative Writing (Online) 13:00–15:00 The Hangout 13:00–17:00 Anime 15:00–17:00	Gardening (Volunteering) 10:00–12:30 Arts & Crafts (Hybrid) 12:00–14:00 Cosy Pixel Corner (Gaming) 12:00–14:00 Board Games	D&D (Group 1) 12:00–14:00 Quiet Lounge 12:00–14:00 D&D (Group 2) 14:30–17:00	Adult Learning Workshop – Money Management, session 1 10:30–13:30 Spooktacular Disco Party (free event) 15:00–18:00		
26	27	28	29	30	31	

WEEKLY SCHEDULE

MONDAY

11:00–11:30 Coffee Morning

12:00–14:00 Book Clubs

- Quiet Reads (week 1–3)
- The One Book (the last Monday of the month)

14:30–17:00 Movie Mates (week 1)

14:30–17:00 The Cosy Crafters (week 2 & 4)

14:30–17:00 Mindful Mates (week 3)

TUESDAY

13:00–17:00 The Hangout

3:00–15:00 Creative Writing (Online)

15:00–17:00 Anime

WEDNESDAY

10:00–12:30 Gardening (week 2 & 4)

12:00–14:00 Arts & Crafts (Hybrid)

12:00–14:00 Piece by Piece (week 1 & 3)

12:00–14:00 Cosy Pixel Corner (week 2 & 4)

14:30–17:00 Board Games

THURSDAY

12:00–14:00 Dungeons & Dragons (Group 1)

12:00–14:00 Quiet lounge (week 2 & 4)

14:30–17:00 Dungeons & Dragons (Group 2)

Please note that you must register with ASCC before attending any groups or activities.

For more information, email Neda on neda.andreeva@asc-cymru.org or call 07917 980420.

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Facebook: ASC Cymru
Instagram: [asc.cymru](https://www.instagram.com/asc.cymru)

Group highlights and what to expect

Creative Writing (Online)

Explore stories, poetry, or ideas at your own pace with optional prompts and no pressure to share. A supportive group to be creative, build confidence, and connect with others. **Runs weekly.**

The Hangout

Enjoy activities like Xbox or PlayStation, pool, books, board games and musical instruments, or simply relax in a calm environment. There's no pressure to socialise – join in at your own pace. **Runs weekly.**

Anime - NEW

Rather than focusing solely on watching anime, we'd like the club to celebrate anime culture more broadly. Activities may include discussions about favourite anime series and characters, Manga, comics and anime-related books, DVDs, figures and collectibles, anime videos and recommendations, fun facts, drawing activities, cosplay workshops and discussions, sharing interests and discovering new series together. There won't be a strict format and the group will be shaped by the interests of those who attend. Whether you are a long-time anime fan or just curious to learn more, you are very welcome to come along. **Runs weekly.**

Gardening (Volunteering at Grange Pavilion) - NEW

Help maintain and develop the gardens and outdoor spaces at Grange Pavilion alongside a friendly volunteer team. Sessions are flexible, so you're welcome to leave early if needed. New volunteers will be welcomed and supported on their first visit, with guidance available throughout. Indoor volunteer tasks are available if the weather isn't suitable for gardening. **Runs fortnightly.**

Piece by Piece (Jigsaw) Club - NEW

Piece by Piece is a welcoming group for anyone who enjoys jigsaw puzzles. Whether you prefer working quietly on your own section or collaborating with others to complete a puzzle together, this group provides a calm activity that can help promote focus, relaxation and social connection. A variety of puzzles will be available and participants are welcome to bring along their own favourites to share. **This group will initially run fortnightly for a 10-week pilot period.**

Cosy Pixel Corner (Cosy Gaming) - NEW

Cosy Pixel Corner is a relaxed gaming group for fans of farming and life simulation games, role-playing games, puzzle games and indie favourites. Bring your own handheld console or make use of the equipment available on site. As well as gameplay, there will be opportunities to discuss favourite games, share recommendations and connect with others who enjoy cosy gaming experiences. **Runs fortnightly.**

Board Games

Use the games we have available or bring along your own favourites to share with others. Whether you enjoy strategy games, card games or something quick and fun, there's something for everyone. **Runs weekly.**

Arts & Crafts (Hybrid)

Bring your own materials and work on your own project at your own pace or join in with a shared group activity. You are also welcome to use any materials available during the session. **Runs weekly.**

The Quiet Lounge Group (Quiet Drop in)

The Quiet Lounge is designed for those who would like to spend time around others while enjoying a calmer, lower-pressure environment. This gentle drop-in session takes place in a low-stimulation space featuring soft lighting, calming scents, gentle background music, blankets and sensory resources such as fidget toys. You are welcome to bring a book, craft project, gaming console or other quiet activity or use the resources available. Conversation is optional, making this an ideal space for recharging, relaxing and enjoying quiet company without social expectations. **Runs fortnightly.**

Dungeons & Dragons

Whether you are a complete beginner or an experienced player, everyone is invited to take part at their own pace. Sessions involve collaborative role-playing adventures, where you create a character and work together with others to solve problems, overcome challenges, and build a shared story. A volunteer Dungeon Master or a peer will guide the game and support players throughout. **Runs weekly.**

Group highlights and what to expect

New Monday Groups

Coffee Morning

A friendly group offers a chance to meet new people, catch up with familiar faces and enjoy a hot drink in a supportive environment. There is no pressure to take part in conversations – you can chat as much or as little as you like. Bring your own drink or enjoy refreshments available on site. **Runs weekly.**

Book Clubs

Whether you are a lifelong reader or simply looking for inspiration for your next book, our book clubs offer a welcoming space to share your love of reading. New members are always welcome, and there is no expectation to be a literary expert – just bring your love of books.

The One Book Club

On the last Monday of every month, members come together to discuss a book chosen by the group. Enjoy sharing thoughts, favourite moments, themes and characters. **Runs monthly, the last Monday of the month.**

Quiet Reads Club

On the weeks when The One Book Club is not running, join us for a peaceful reading session in our Cosy room. Bring your own book and enjoy dedicated time to read independently alongside fellow book lovers. The final 30 minutes of each session provide an opportunity to chat about what you are reading, exchange recommendations and share your favourite books and authors. **Runs 3 weeks out of 4.**

Movie Mates Group

Movie Mates is a group for people who love films, whether you enjoy blockbuster releases, classic favourites, independent cinema or hidden gems. Sessions will include opportunities to watch films together at 21 High Street, discuss your favourite movies, share recommendations and explore different genres. The group will also organise trips to local cinemas to enjoy new releases and the big-screen experience together. **Runs monthly.**

The Cosy Crafters

If you enjoy fibre crafts, this group is for you. Join fellow crafters in a welcoming and relaxed environment where you can work on your own projects while chatting, sharing ideas, learning from others or simply enjoying some creative time. Whether you knit, crochet, embroider, weave, spin, cross-stitch or enjoy another fibre-based craft, all experience levels are welcome. Bring your current project along and enjoy crafting in good company. **Runs fortnightly.**

Mindful Miles Group

Enjoy the benefits of fresh air, gentle exercise and good company with our Mindful Miles walking group. Together we will explore Cardiff and surrounding areas through accessible walks designed to encourage wellbeing, connection and a greater appreciation of local green spaces. Location and walk details will be announced in advance. Some independent or group travel on public transport might be required. **Runs monthly.**